











# COVID RESOURCE GUIDE

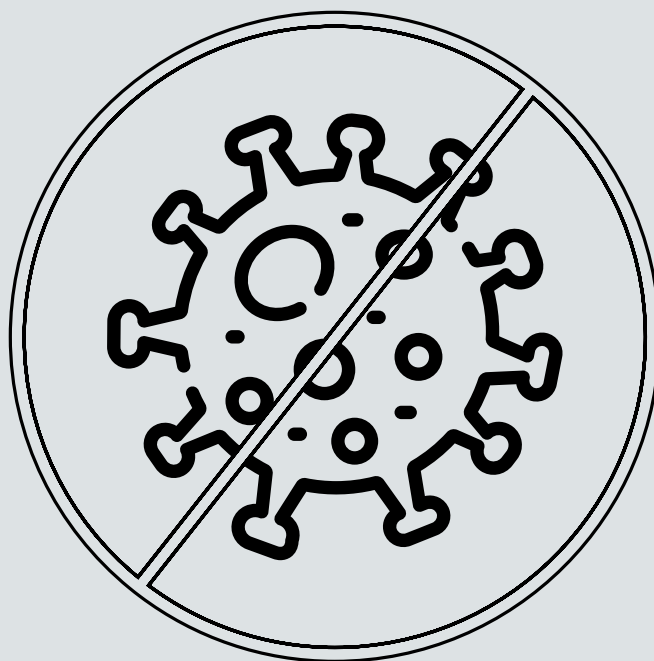
APRIL - JUNE, 2021

## USEFUL LINKS

1	2	3	4	5	6	7	8	9	10
MEDICAL OXYGEN	FOOD SUPPLY	TRANSPORT FACILITIES	TESTING CENTRES	PET SUPPORT	COUNSELLORS	COVID CARE CENTRES	USEFUL LINKS	HELPLINES	HOSPITAL BEDS
									



SHARE. AMPLIFY. HELP



## USEFUL LINKS/HELPLINES



SHARE. AMPLIFY. HELP.

Several helplines were started and useful links shared across India for COVID-related help. Links were used to disseminate accurate information on the availability of hospital beds, oxygen suppliers and vaccination centres. Helplines helped with information on COVID-19 resources, help for senior citizens, child protection and care, mental health, tele-counselling as well as medical consult. Many of these helplines continue to be available 24/7 and provide a safe space to talk on their specific area of expertise. A comprehensive list of Useful Links and Helplines were created, validated and shared by Chennai Volunteers.

No	Link	Description
<b>HOSPITAL BEDS</b>		
1	<a href="https://ucc.uhcitp.in/publicbedrequest">https://ucc.uhcitp.in/publicbedrequest</a>	For bed requests call 104 to follow up the request
2	<a href="https://tnCOVIDbeds.tnega.org/">https://tnCOVIDbeds.tnega.org/</a>	Bed availability status for severe COVID cases. Health centres for moderate cases. Care centres for mild cases
3	<a href="https://COVIDrelief.glideapp.io/">https://COVIDrelief.glideapp.io/</a>	Initiative of 3 IITD alumni. Live tracking of hospital beds, state-wise helplines, resource list, oxygen & food. Connects people in need with verified leads (Pan India)
4	<a href="https://stopcorona.tn.gov.in/">https://stopcorona.tn.gov.in/</a>	Health facilities, private hospital bed status, vaccine centres, COVID test sample collection centres & helpline numbers
5	<a href="https://COVIDtnadu.com/">https://COVIDtnadu.com/</a>	Bed availability status
6	<a href="https://twitter.com/104_GoTN">https://twitter.com/104_GoTN</a>	Tag @104_GoTN, #BedsForTN along with the required details
7	<a href="https://maps.projectmadad.com/#/map">https://maps.projectmadad.com/#/map</a>	Bed availability status (Pan India)
8	<a href="https://external.sprinklr.com/insights/explorer/dashboard/601b9e214c7a6b689d76f493/tab/0?id=-DASHBOARD_601b9e214c7a6b689d76f493">https://external.sprinklr.com/insights/explorer/dashboard/601b9e214c7a6b689d76f493/tab/0?id=-DASHBOARD_601b9e214c7a6b689d76f493</a>	Live city-wise tracker for availability of beds / medicines / oxygen via Twitter
9	<a href="https://chennaiCOVIDHelp.in">https://chennaiCOVIDHelp.in</a>	COVID-19 help app
10	<a href="https://COVID.army/">https://COVID.army/</a>	Resource leads via Twitter
11	<a href="https://www.COVIDresourcesindia.com/">https://www.COVIDresourcesindia.com/</a>	COVID resources across India (Last updated on 31st May 2021)
12	<a href="https://COVIDfightclub.org">COVIDfightclub.org</a>	Information on nurses, oxygen supplies & ambulances
13	<a href="https://www.mdtok.com/org/COVID19">https://www.mdtok.com/org/COVID19</a>	Virtual telemedicine platform offering free-of-charge support from 200+ US doctors. Over 1.5 years experience in treating COVID patients
14	<a href="https://lnkd.in/gswyMsE">https://lnkd.in/gswyMsE</a>	Resources on beds, medicines & oxygen suppliers
15	GCC Vid Med App (Playstore)	Telemedicine app used to video call doctors
<b>VACCINATION</b>		
1	<a href="https://www.under45.in">www.under45.in</a>	Vaccination availability status
2	<a href="https://www.vaccinateme.in">https://www.vaccinateme.in</a>	Vaccination availability status (Pan-India)
3	<a href="https://app.cowin.gov.in/login">https://app.cowin.gov.in/login</a>	For booking vaccination slot
<b>GENERAL INFORMATION</b>		
1	<a href="https://COVID19-twitter.in/">https://COVID19-twitter.in/</a>	COVID related resources via Twitter
<b>FOOD</b>		
1	<a href="https://chennaiCOVIDhelp.github.io/food-delivery/">https://chennaiCOVIDhelp.github.io/food-delivery/</a>	List of home delivered meals in Chennai, both meal providers & patients in need of food
2	<a href="https://COVIDmeals.in/">https://COVIDmeals.in/</a>	Home-cooked meals for patients in Chennai



### VOLUNTEERS

Heena Dowlani (Team Lead)  
Shobha Rengarajan (Team Lead)

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Maya Eashwar   Thamizhi  
Ahamed Abdulla   Anisha Shanbhag  
Aruna



Rinku Mecheri - Founder, Chennai Volunteers  
Ranjini Ramachandran - Senior Client Partner, TATE LC

### **TEAM LEADS**

Smriti Suresh

Incoming Master's Applied Biotechnology Student, McGill University

Uttara Jayashankar

Incoming Biological Sciences PhD Student at Purdue University

Savitha Sailesh

Ecom Vendor

Sharada Rajaram

Special Educator with 20 years experience working with individuals with Autism. Co -Director of The Canbridge Academy ,a space for young adults wit autism , and Co ordinator of Weawin project -  
We CAN ( Resource centre for Autism )

Shloka Mehta

Class 10 student

Deepti Narayanan

Entrepreneur running a Women's Fashion Brand 'Athreya Blouses' (Athreya Retail Pvt Ltd)

Sony Das

HR professional with 20+ years of experience, currently on sabbatical

Heena Dowlani

CRI (Compulsory Rotatory Internship), Bachelor of Dental Surgery

Shobha Rengarajan

Homemaker

Subashree

Incoming Master's in Public Health Student at Birmingham City University

Dr. Sharon Krishna Rau

Surgical Gastroenterologist



## **CREATIVE TEAM**

Ishita Parekh

Senior Social Media Specialist, Social Beat

Malvika Mehra

Graphic Designer, Founder- Art Works

Sindhuja TJ

Architect & Urban Designer

Kavya Sreekumar

Social Media Manager

Malavika Ramachandran

Senior Graphic Designer, RRD GO Creative

Ranjini Ramachandran

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## **COLLATION**

Rinku Mecheri

Founder, Chennai Volunteers

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First year undergraduate student at SIM University, Singapore

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